MEMORANDUM

FOR : ALL POEA OFFICIALS AND EMPLOYEES

SUBJECT : Sustagen's Body Age Challenge

DATE : 28 February 2012

In line with the Administration's Health and Wellness Program, a Body Age Challenge activity that will determine one's body age will be conducted by Youthropia Registered Philippines, Inc., in cooperation with Sustagen, at the POEA-HRDD Training Room, on Tuesday, 06 March 2012, from 8:00 a.m. to 5:00 p.m.

Youthropia will also conduct a lecture on how to take care of our physical being and how to keep one's body age younger compared to the actual calendar age. Free samples of Sustagen products will also be given to all participants.

Please be guided accordingly.

Engr. RENATO C. LIMJUCO
Officer-In-Charge
Administrative Branch